

SEMINAR NASIONAL PENGABDIAN KEPADA MASYARAKAT (SENADIMAS) KE-6 TAHUN 2021



STRATEGI PEMBERDAYAAN MASYARAKAT DI MASA PANDEMI COVID-19 DAN MENYONGSONG KEHIDUPAN NORMAL BARU

Dr.rer.nat. I Wayan Karyasa, S.Pd., M.Sc.

Kimia FMIPA Universitas Pendidikan Ganesha

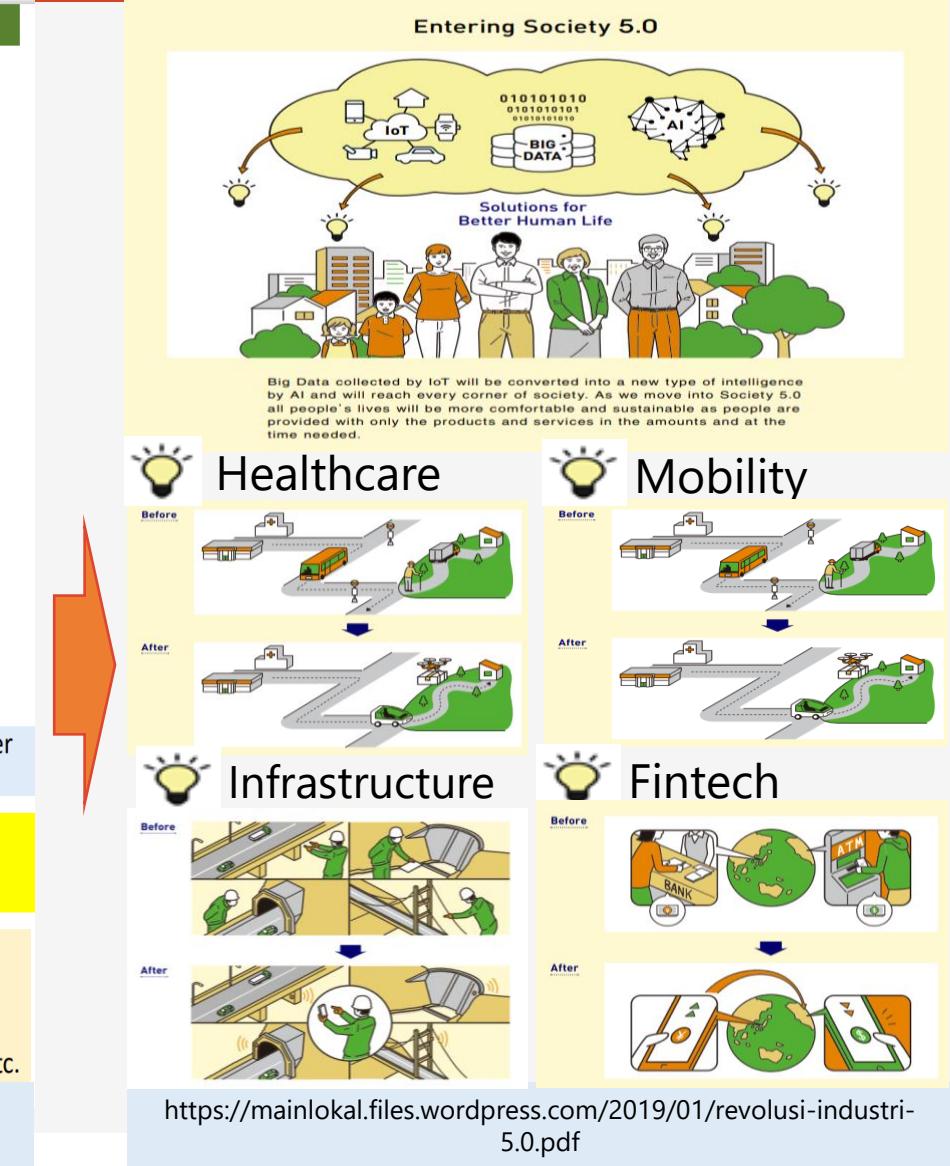
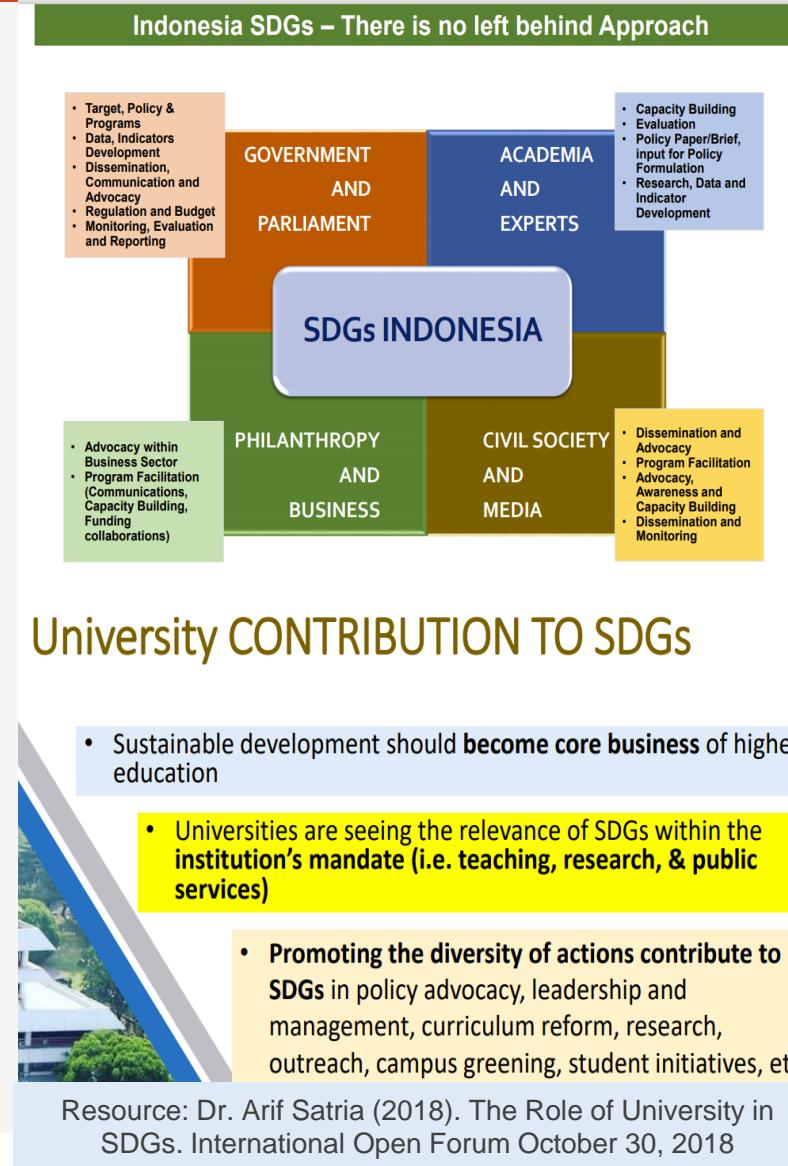
P2M

Menyajikan:

1. Pendahuluan
2. Kondisi Masyarakat di Masa Pandemi Covid-19
3. Prediksi Kehidupan Normal Baru
4. Strategi Pemberdayaan Masyarakat di Masa Pandemi Menyongsong Kehidupan Normal Baru
5. Penutup

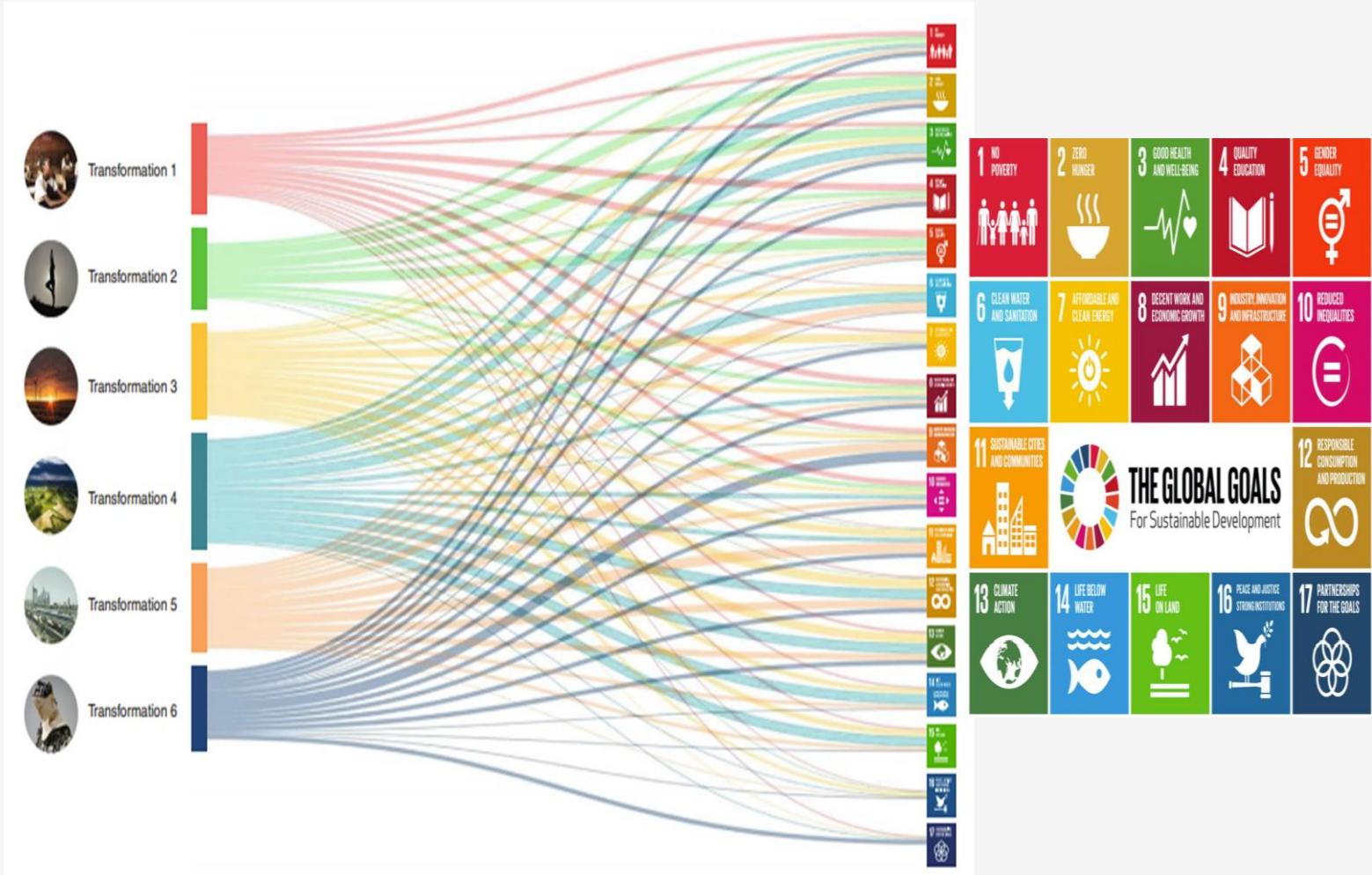
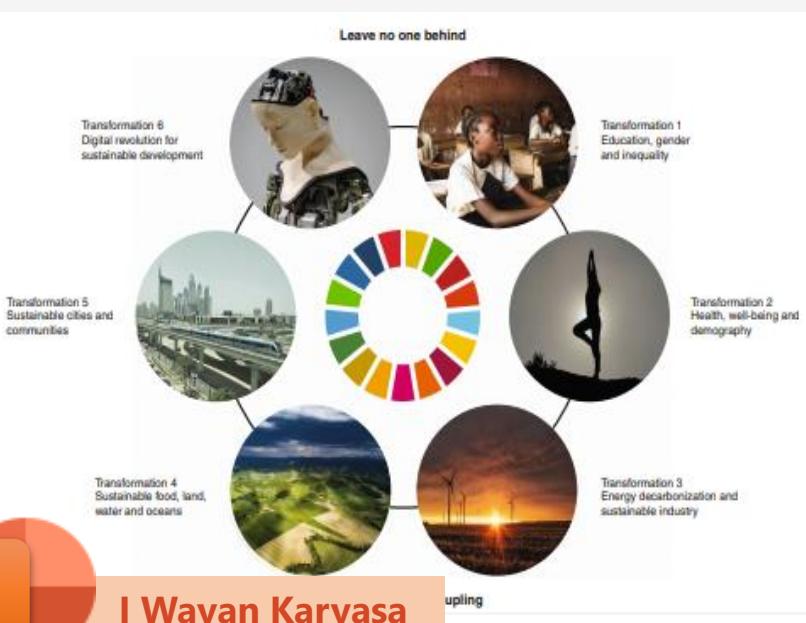
1. Pendahuluan

- Peran Akademisi (Masyarakat Ilmiah Perguruan Tinggi) sangat penting dalam mewujudkan cita-cita dari pembangunan berkelanjutan (SDGs) yang berorientasi pada pembentukan masyarakat 5.0 (Society 5.0).
- Di Indonesia, akademisi di perguruan tinggi memiliki tri dharma (pendidikan dan pengajaran, penelitian, dan pengabdian kepada masyarakat), khususnya dengan dharma pengabdian kepada masyarakat ini akademisi dapat berperan penting dalam berkontribusi pada SDGs dan Society 5.0



1. Pendahuluan

Peran Akademisi (Masyarakat Ilmiah Perguruan Tinggi) berperan sangat penting sebagai motor penggerak 6 transformasi (1. education, gender, and equality; 2. health, well-being and demography; 3. energy, decarbonation and sustainable industry; 4. sustainable food, land, water, and oceans; 5. sustainable cities and communities; and 6. digital revolution for sustainable development) untuk mempercepat terwujudnya tujuan pembangunan berkelanjutan (SDGs).

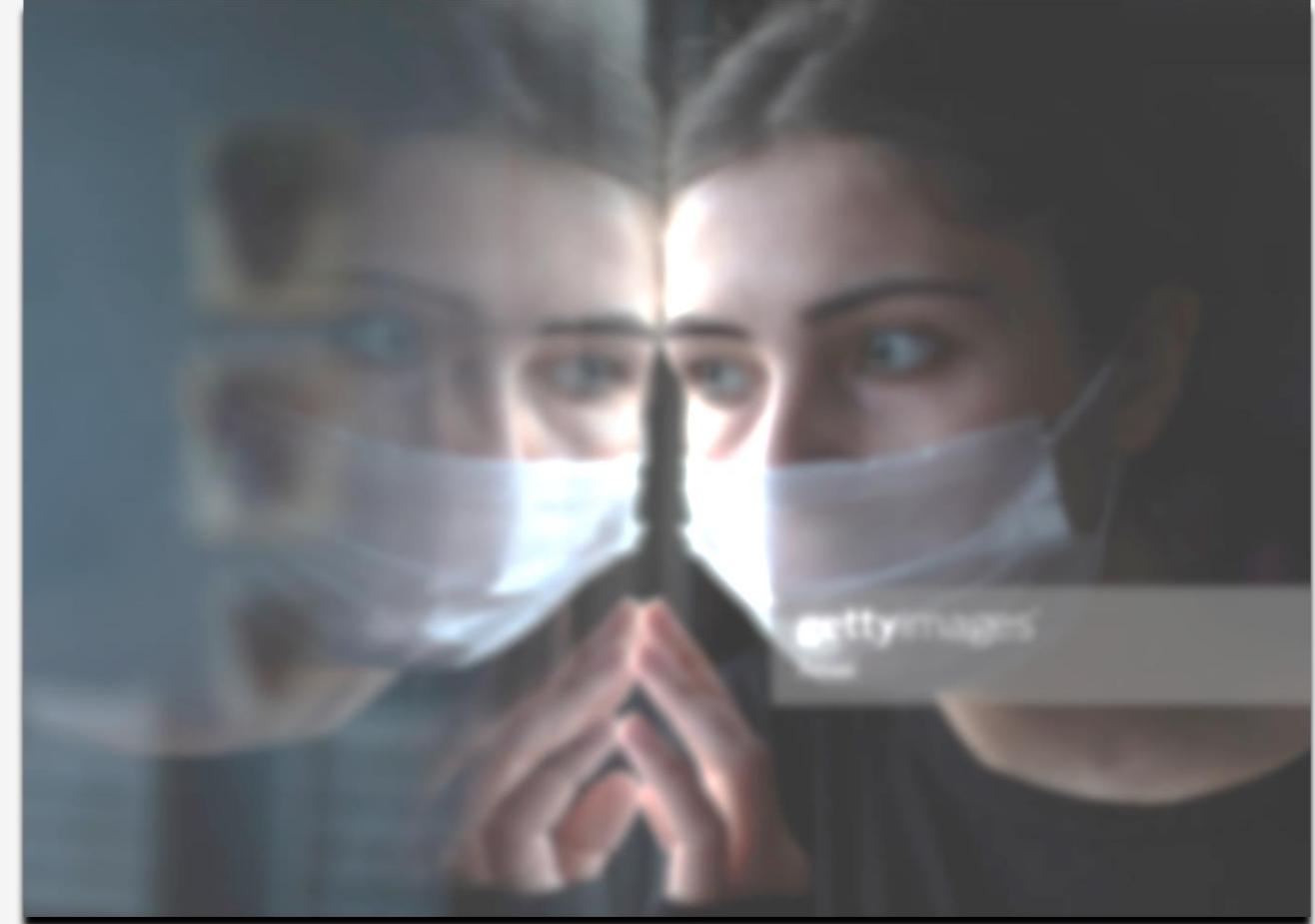


Sachs, J. D., Schmidt-Traub, G., Mazzucato, M., Messner, D., Nakicenovic, N., & Rockström, J. (2019). Six transformations to achieve the sustainable development goals. *Nature Sustainability*, 2(9), 805-814.

2. Kondisi Masyarakat di Masa Pandemi Covid-19

Analisis Situasi dan kondisi masyarakat dunia khususnya Indonesia di masa pademi Covid-19 saat ini

- 1 Isu sosial ekonomi di Indonesia selama pandemi Covid-19 berdasarkan hasil analisis media massa mainstream.
- 2 Kesehatan mental masyarakat yang sangat mempengaruhi berbagai aspek kehidupan
- 3 Dampak pandemi Covid-19 terhadap pendidikan
- 4 Kondisi dunia usaha dan industri (siapa loser siapa winner)



2. Kondisi Masyarakat di Masa Pandemi Covid-19



1

Isu sosial ekonomi di Indonesia selama pandemi Covid-19 berdasarkan hasil analisis media massa mainstream.



4

I Wayan Karyasa

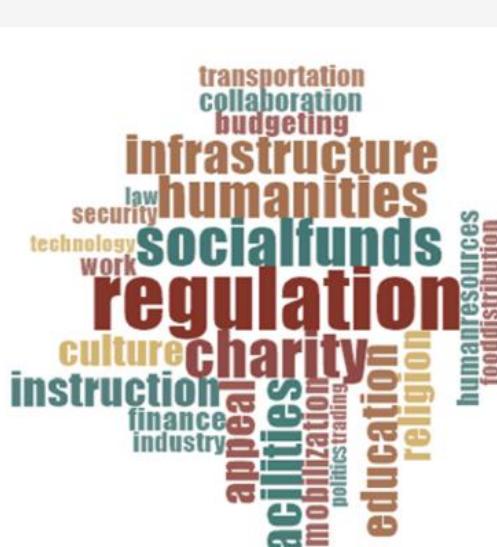


Chart of Social Issues in Antara News

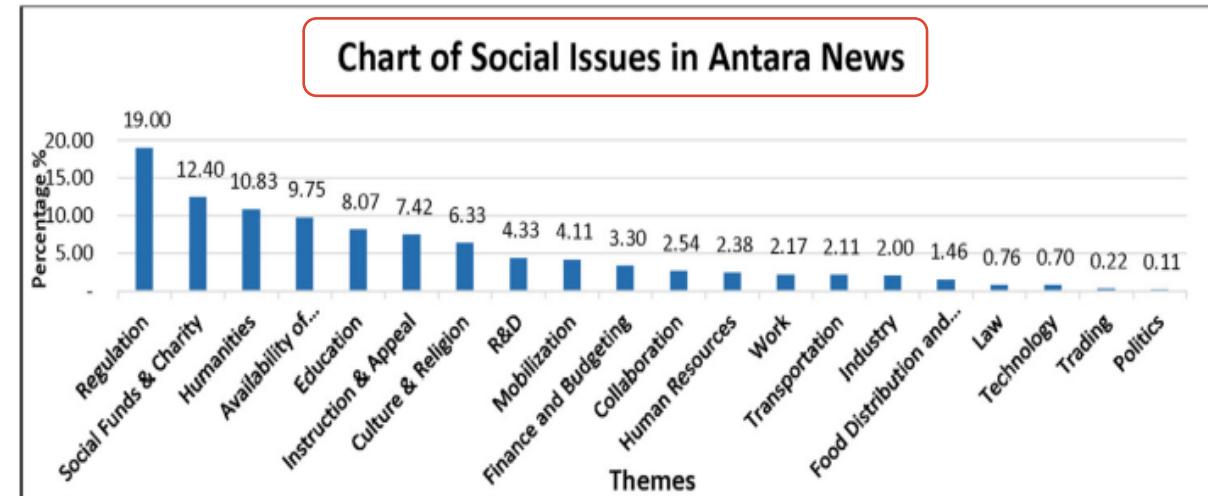
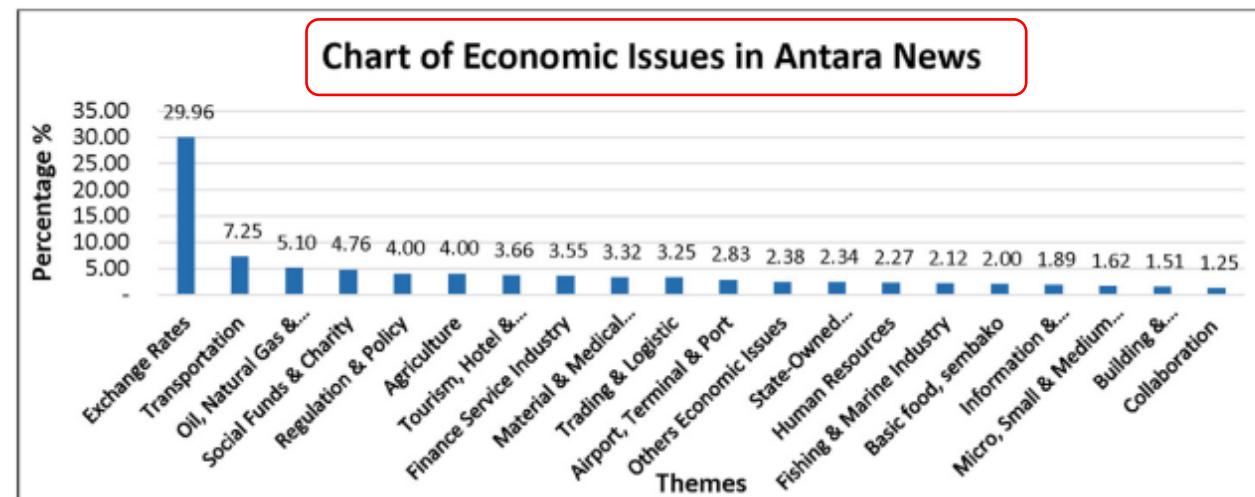


Chart of Economic Issues in Antara News



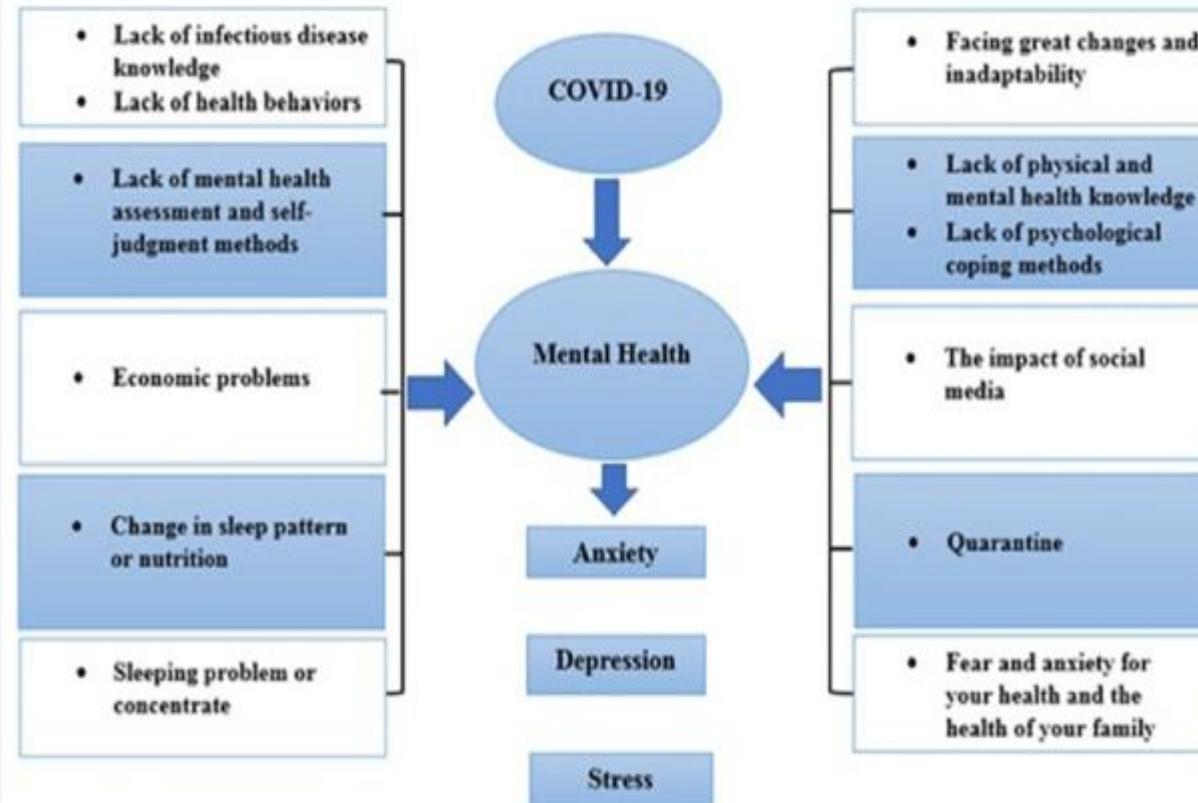
Gandasari, D., & Dwidienawati, D. (2020). Content analysis of social and economic issues in Indonesia during the COVID-19 pandemic. *Helijon*, 6(11), e05599.

2. Kondisi Masyarakat di Masa Pandemi Covid-19



2

Kesehatan mental masyarakat yang sangat mempengaruhi berbagai aspek kehidupan



Salari, N., Hosseiniyan-Far, A., Jalali, R. et al. Prevalence of stress, anxiety, depression among the general population during the COVID-19 pandemic: a systematic review and meta-analysis. *Global Health* 16, 57 (2020).

<https://doi.org/10.1186/s12992-020-00589-w>

| Mental distress | Economic Stressors | Social stressors | Treatment seeking |
|-------------------|--------------------|-------------------|-------------------------------|
| Depression | Eviction | Pharmacy | Cognitive behavioural therapy |
| Anxiety | Mortgage loan | Education | Self-care |
| Suicide | Unemployment | Abuse | Counselling |
| Fear | Food bank | Alcohol drink | Crisis hotline |
| Loneliness | Welfare | Divorce | Mindfulness |
| Suicidal ideation | Job | Argument | Self-treatment |
| Stress | Debt | Domestic abuse | Self-help |
| Mental health | Universal credit | Substance misuse | Meditation |
| | Benefits | Legal separation | |
| | Bills | Neglect | |
| | Job search | Social care | |
| | Recession | Child abuse | |
| | | Domestic violence | |
| | | Home schooling | |
| | | Alcohol | |

Knipe, D., Evans, H., Marchant, A., Gunnell, D., & John, A. (2020). Mapping population mental health concerns related to COVID-19 and the consequences of physical distancing: a Google trends analysis. *Wellcome Open Research*, 5

2. Kondisi Masyarakat di Masa Pandemi Covid-19



3

Dampak pandemi Covid-19 terhadap pendidikan

Siswa

Mengalami berbagai hambatan belajar di rumah

- Tidak biasa belajar tanpa tatap muka langsung dengan guru, tidak biasa tidak berinteraksi langsung dengan teman-teman sekolah
- Keterbatasan sarana-prasarana belajar jarak jauh (online) di rumah
- Screen time yang panjang melelahkan siswa, memicu terganggunya kesehatan mental siswa

Guru

Mengalami hambatan mengajar jarak jauh dan online

- Keterbatasan infrastruktur dan fasilitas penyelenggaraan pembelajaran jarak jauh dan online dari rumah sendiri
- Guru senior (bobby boomer) mengalami kesulitan/kurang melek TIK
- Screen time yang panjang dan melelahkan: penyiapan materi, mengajar, memberi tugas, memberi feedback langsung online (membrikan tekanan lebih pada guru karena feedback tersebut akan dapat langsung direspon oleh orang tua siswa)

Orang tua

Mengalami banyak kendala dalam pembelajaran di rumah

- Orang tua belum terbiasa menjadi guru langsung bagi anak-anaknya yang semula tugas itu sebagian besar dibebankan pada sekolah
- Penambahan pengeluaran rumah tangga untuk internet dan penyediaan fasilitas pembelajaran online/jarak jauh.
- Screening time yang juga panjang karena orang tua juga bekerja dari rumah, dan kesulitan mengatur waktu menemani anak-anak belajar atau mengerjakan pekerjaan kantor/usaha.

Putri, R. S., Purwanto, A., Pramono, R., Asbari, M., Wijayanti, L. M., & Hyun, C. C. (2020). Impact of the COVID-19 pandemic on online home learning: An explorative study of primary schools in Indonesia. *International Journal of Advanced Science and Technology*, 29(5), 4809-4818.

The following expressions are the additional ideas and opinions from students (S), teachers (T), parents (P), and faculty members (FM).

"Covid-19 pandemic provides 'fresh air' for online learning media to show off." (FM1)

"The concept of independent learning by chance is interpreted as free learning at home, but I worry, that means freedom beyond the limits." (P1)

"Current conditions provide opportunities for businesses, especially selling data packages or internet packages." (T1)

"Frankly with the situation of my child where studying at home during the Covid-19 pandemic, it would be inconvenient for parents despite the ease of online learning facilities." (P2)

"I suggest to the government to do a lock down so that the eye between covid-19 can be stopped in Indonesia so that teaching and learning activities return to normal." (FM2)

"I tried to apply online learning in my course, but I felt it was still ineffective because of the elements of humanism, namely the interaction between lecturers and students was less humane. However, the concept of free learning gives a breath of fresh air that students can develop themselves including independent learning with existing online learning resource facilities". (FM1)

"To parents, we hope to keep an eye on the activities of children during this 14-day holiday, try to keep children at home, do not do activities outside the home and interact with many people, this is to prevent the spread of the virus that has now become a national pandemic." (T3)

"Please help explain to the public, so that all obedient and the government is helped to stop the transmission of Covid-19, if this is ignored then 14 days off is useless, even a year off cannot prevent Covid-19 transmission" (FM2)

"Students are only given the title of the material, they can use the gadget for learning, the teacher just needs to direct." (S1)

"Learning from home makes our academic burdens even more difficult, teachers tend not to teach but to give up" (S2)

"On the MOEC page, there is all subject matter. It can also learn from the Teacher's Room application" (T3)

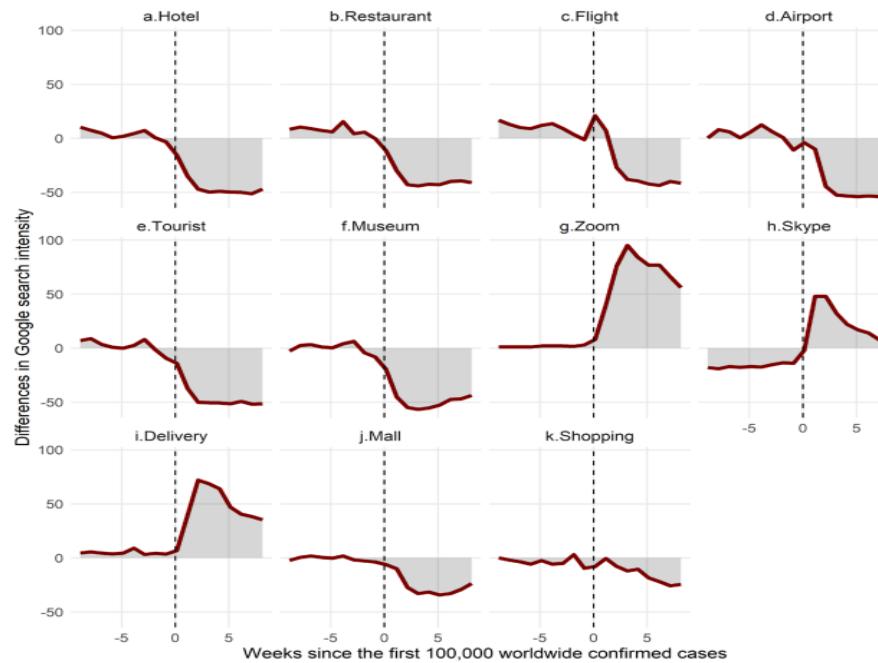
"For two weeks, the teachers have the opportunity to tidy up the school, we have the opportunity to prevent and improve conditions, so that the next two weeks the school will be better prepared." (FM1)

"When my children learn from home, we have an opportunity to create a Family Library" (P3).

Abidah, A., Hidaayatullaah, H. N., Simamora, R. M., Fehabutar, D., & Mutakinati, L. (2020). The impact of covid-19 to indonesian education and its relation to the philosophy of "merdeka belajar". *Studies in Philosophy of Science and Education*, 1(1), 38-49.

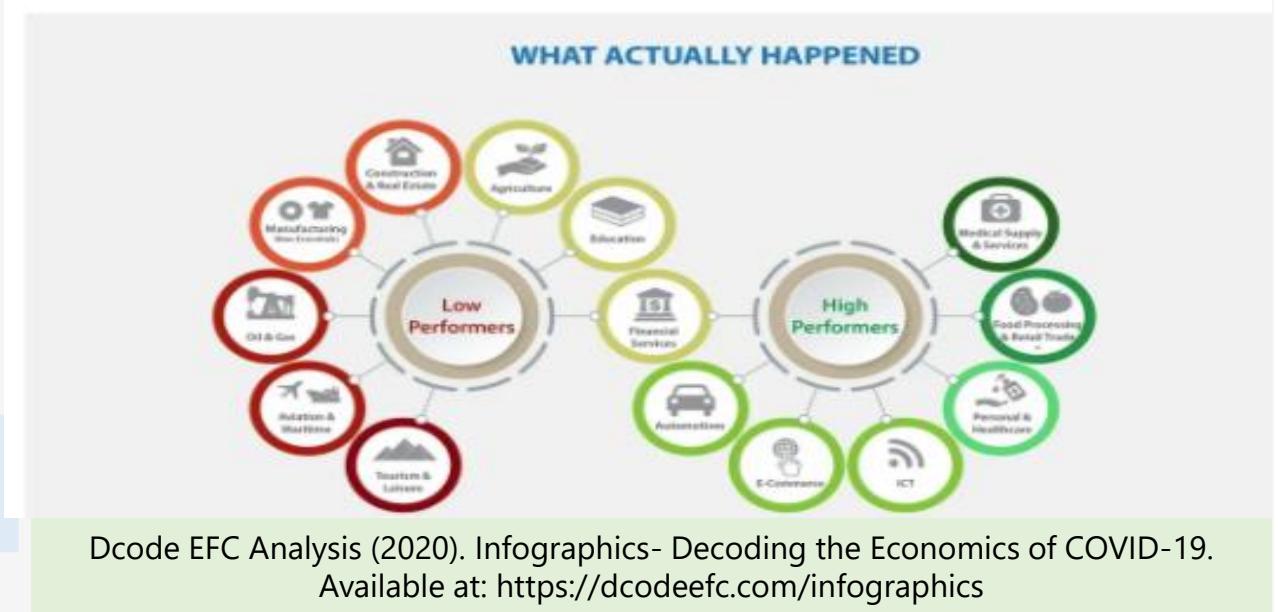
2. Kondisi Masyarakat di Masa Pandemi Covid-19

4 Kondisi dunia usaha dan industri



Note: Dashed vertical lines represent the week (first week of March 2020) worldwide confirmed COVID-19 cases surpassed 100,000. The deviation is calculated by subtracting the search index values for a specific week in 2020 from the historical (long-term) average corresponding to the week. For each search term and week, the historical averages represent the average Google search index for particular weeks in 2016-2019.

Abay, K. A., Tafere, K., & Woldemichael, A. (2020). Winners and losers from COVID-19: Global evidence from Google Search. *World Bank Policy Research Working Paper*, (9268).



3. Prediksi Kehidupan Normal Baru

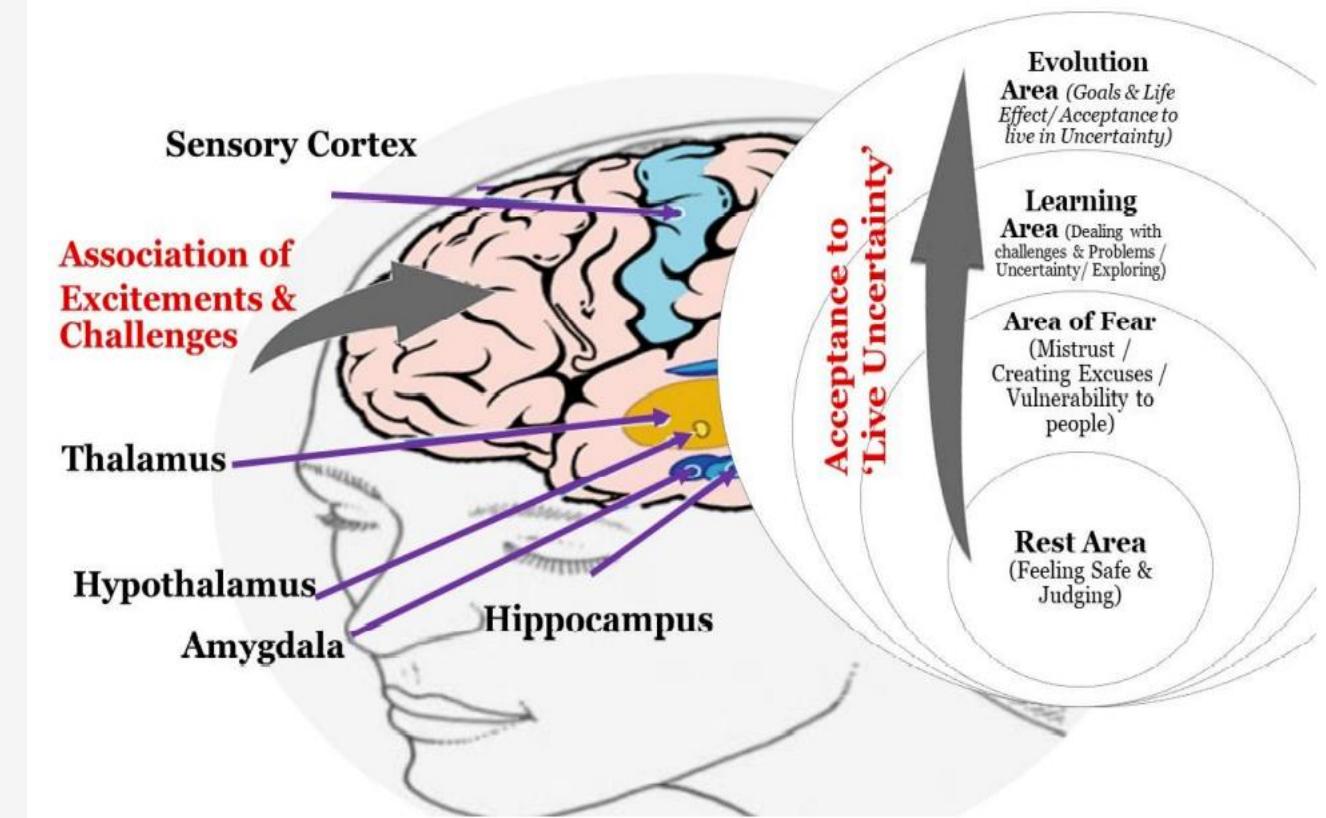


Choices for the “New Normal”

- The Speed of Learning
- The Value of Standards
- Virtual Care
- Preparedness for Threats
- Equity
 - Is this the time for equity, when the evidence of global interconnectedness and the vulnerabilities of marginalized people will catalyze at last the fair and compassionate redistribution of wealth, security, and opportunity from the few and fortunate to the rest?

Berwick, D. M. (2020). Choices for the “new normal”. *Jama*, 323(21), 2125-2126.

Living Uncertainty in the New Normal



Buheji, M., Ahmed, D., & Jahrami, H. (2020). Living uncertainty in the new normal. *International Journal of Applied Psychology*, 10(2), 21-31.

3. Prediksi Kehidupan Normal Baru



Working from home and income inequality: risks of a 'new normal' with COVID-19

In the current context of the COVID-19 pandemic, working from home (WFH) became of great importance for a large share of employees since it represents the only option to both continue working and minimize the risk of virus exposure. Uncertainty about the duration of the pandemic and future contagion waves even led companies to view WFH as a 'new normal' way of working.

A positive shift in WFH feasibility would be associated with an increase in average labor income, but this potential benefit would not be equally distributed among employees. Specifically, an increase in the opportunity to WFH would favor male, older, high-educated, and high-paid employees. However, this 'forced innovation' would benefit more employees living in provinces have been more affected by the novel coronavirus. WFH thus risks exacerbating pre-existing inequalities in the labor market, especially if it will not be adequately regulated.

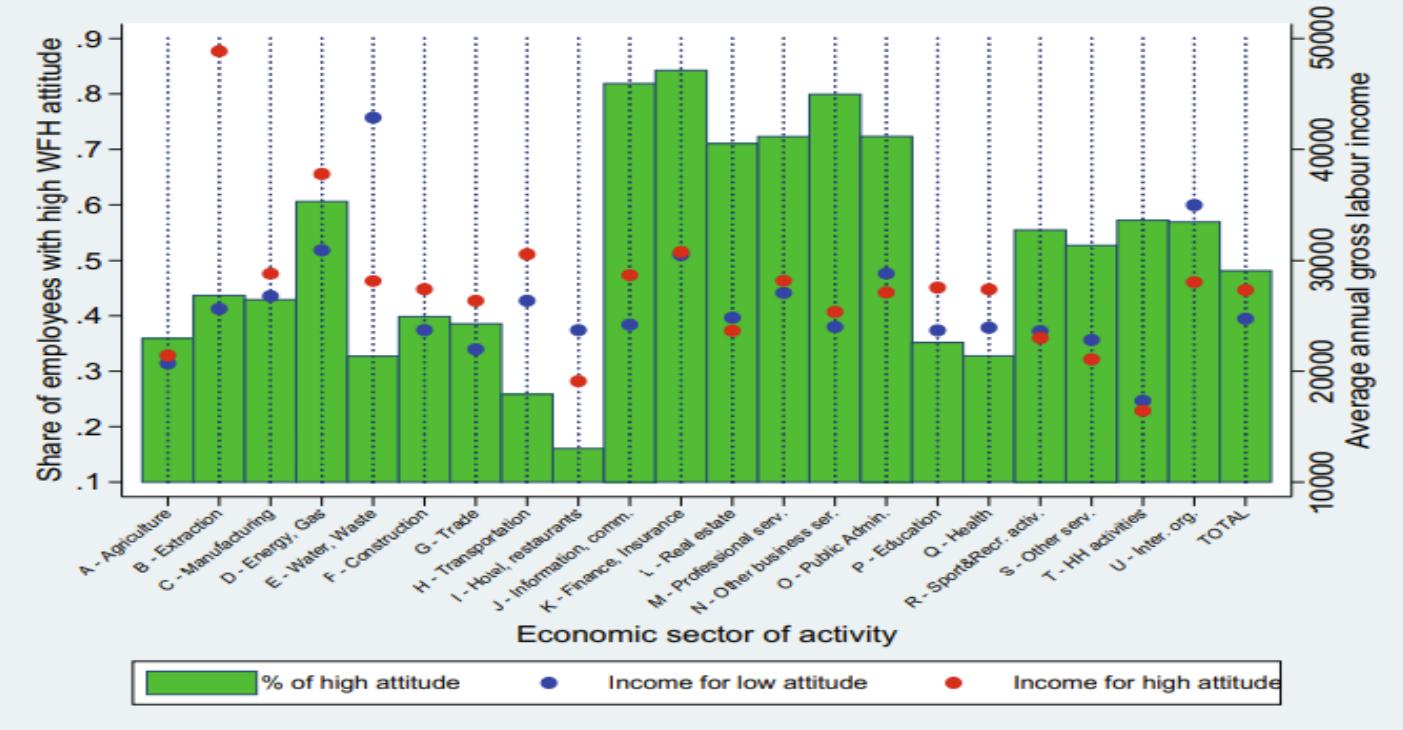


Fig. 1 Incidence of high WFH feasibility and average labour income by activity sector. Notes: Descriptive statistics are computed with individual sample weights. Employees with high WFH feasibility level are defined as those reporting a value of the WFH feasibility index above the relevant sample median

Bonacini, L., Gallo, G. & Scicchitano, S. Working from home and income inequality: risks of a 'new normal' with COVID-19. *J Popul Econ* 34, 303–360 (2021). <https://doi.org/10.1007/s00148-020-00800-7>

3. Prediksi Kehidupan Normal Baru

Lima faktor penting yang menjadi pertimbangan banyak perusahaan dan organisasi saat ini sebagai langkah New Normal:

- 1 **Act proactively.** Get cash and costs out quickly to protect and create a strong foundation for your organization. Act quickly and gain advantage to start investing, engaging in M&A, and growing faster than the competition.
- 2 **Stick to a clear vision.** Even as they looked for new sources of growth, top performers pursued the clear vision that they had before the crisis—a vision that was based on a small number of long-term themes.
- 3 **Increase demand vitality.** Create demand-focused capability and adapt your commercial efforts and your offering to what the customer needs now—and where they currently are at. Step change your online presence and ability to market, sell, and service online.
- 4 **Create supply agility.** Given variability and uncertainty, build agility and adaptation into your supply base and supply chain.
- 5 **Build enterprise resilience.** The top performers knew that they couldn't avoid future disruptions, so they built organizations not only to withstand future shocks but also to anticipate them, including streamlining core operations and redesigning processes to capitalize on digital capabilities.



Dua scenario perencanaan yang relevan dalam menghadapi New Normal:

- **Be ready to Restart.** Most companies have transitioned from ensuring their employees' safety to thinking about the Restart. They are waiting for some policy guidelines in most countries, but they can take cues from those countries already in the process. Restart is a known and coming inflection point, and preparations should start now.
- **Start to win the Fight now.** The COVID-19 crisis is special, and it is different from previous crises. It starts on Main Street and entails consumers changing behaviors first in the Flatten phase, due to government-mandated lockdowns, and later in the Fight phase, when they are hesitant to go to congested areas. The amount of change and variation across geographies and over time during the Fight phase is likely to be the largest any of us has ever witnessed.

Gjaja, M., Fæste, L., Hansell, G., & Hohner, D. (2020). COVID-19: win the fight, win the future. *Boston Consulting Group*, 16.

4. Strategi Pemberdayaan Masyarakat di Masa Pandemi Covid-19 dan Menyongsong Kehidupan Normal Baru



Tiga hal pokok yang perlu dipertimbangkan dalam merumuskan strategi pemberdayaan masyarakat di masa pandemic Covid-19 dan menyongsong kehidupan normal baru:



4. Strategi Pemberdayaan Masyarakat di Masa Pandemi Covid-19 dan Menyongsong Kehidupan Normal Baru



Strategi Pemberdayaan Masyarakat di Masa Pandemi Menyongsong Kehidupan Normal Baru

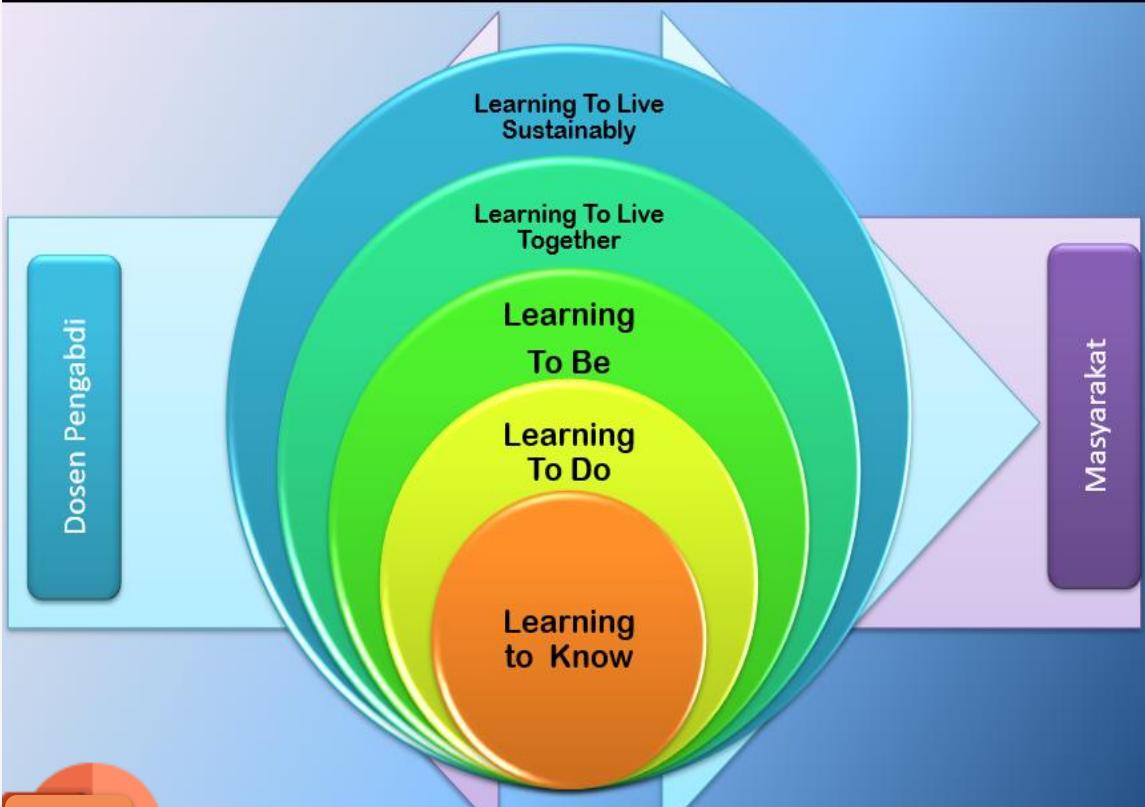


4. Strategi Pemberdayaan Masyarakat di Masa Pandemi Covid-19 dan Menyongsong Kehidupan Normal Baru



- 1 Penerapan konsep belajar bersama di masyarakat menuju Society 5.0

5 PILAR PENDIDIKAN dalam BeldiMas



KONSEP BELAJAR DI MASYARAKAT

- 1 pengabdi dan masyarakat sama-sama berperan sebagai pembelajar,
- 2 dengan berbagai tingkatan belajar untuk mengetahui, melakukan, menjadi, hidup bersama dan hidup berkelanjutan,
- 3 dengan prinsip-prinsip belajar sepanjang hayat,
- 4 berpusat pada masyarakat,
- 5 secara kreatif mengembangkan kohesivitas sosial, keharmonisan spiritualitas, kultural dan ekologis,
- 6 berorientasi dalam memberi nilai tambah,
- 7 dalam usaha perbaikan secara terus menerus dan berkelanjutan,
- 8 bertujuan memajukan kesejahteraan dan mencerdaskan kehidupan.

4. Strategi Pemberdayaan Masyarakat di Masa Pandemi Covid-19 dan Menyongsong Kehidupan Normal Baru

2

Penerapan Teknologi Tepat Guna (PTTG) untuk mendukung SDGs

Teknologi tepat guna (TTG) adalah teknologi yang dirancang bagi suatu masyarakat tertentu agar dapat disesuaikan dengan aspek-aspek lingkungan, keetisan, kebudayaan, sosial, politik, dan ekonomi masyarakat yang bersangkutan.

Karakteristik TTG:

- menggunakan keahlian setempat
- dirawat dan diperbaiki oleh masyarakat yang menggunakannya
- tidak mencemari lingkungan
- tidak mengurangi sumber daya alam yang tidak dapat diperbarui
- harga terjangkau
- hemat energi – listrik, bahan bakar cair, kayu bakar dll
- sebisa mungkin menggunakan energi alami yang dapat diperbarui.



RISTEK-BRIN

PENERAPAN TEKNOLOGI CADAS TERMOKROMIK BUATAN,
SISTEM AKUNTANSI BERKELANJUTAN DAN MANAJEMEN PEMASARAN
BERBASIS SISTEM INFORMASI SEBAGAI UPAYA MENGBALIKAN
KEJAYAAN INDUSTRI KERAJINAN CADAS SILAKARANG
DI DESA SINGAPADU KALER KECAMATAN SUKAWATI
KABUPATEN GIANYAR

I Gede Putu Banu Astawa, S.T., M.Ak. (Akuntansi)
I Made Ardwi Pradnyana., S.T., M.T. (Sistem Informasi)
Dr.rer.nat. I Wayan Karyasa, S.Pd., M.Sc., (Kimia)

| | | |
|------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| Kondisi Mitra <ul style="list-style-type: none"> • Kerajinan cadas Silakarang pernah berjaya sebelum isu lingkungan dan seblum adanya pandemi • Saat ini sangat bergantung pada pasokan cadas putih dari Pulau Jawa • SDM penerus pengrajin semakin sulit seiring banyak pilhan lapangan pekerjaan • Pengusaha industri kerajinan cadas belum memiliki manajemen usaha dan promosi secara digital | Fokus Masalah <ol style="list-style-type: none"> 1. Ketersediaan bahan baku cadas 2. Keterbatasan variasi warna cadas (hanya putih) 3. Manajemen produksi dan pemasaran | Solusi <ol style="list-style-type: none"> 1. Penerapan Teknologi Tepat Guna Cadas Termokromik Buatan 2. Penerapan Sistem terpadu manajemen produksi dan pemasaran secara digital (Aplikasi ERP) 3. Website promosi |
| METODE DAN PENDEKATAN Metode transfer Iptek yaitu pelatihan dan pendampingan, dengan pendekatan: belajar di masyarakat[1], Participatory Action and Learning System[2], dan andragogi[3] | | |
|  | | |
| KESIMPULAN Penerapan teknologi tepat guna cadas termokromik buatan, aplikasi enterprise resource planning dan promosi digital dengan website sesuai prinsip less contact economy mampu meningkatkan kinerja perusahaan dan omzet penjualan. | | |
| UCAPAN TERIMA KASIH DRPM, Ristek/BRIN atas dana Program Penerapan Teknologi Tepat Guna (PTTG) Tahun 2020. | | |
| REFERENSI <ul style="list-style-type: none"> [1] Karyasa, I. W. 2016. Belajar Di Masyarakat: Sebuah Konsep Dalam Meningkatkan Mutu Pengabdian Kepada Masyarakat, Prosiding Senadimas 3.874-879 [2] Mayoux, J., and Anandi. 2005. Participatory action learning in practice: experience of Anandi, India, <i>Journal of International Development</i>, March 211-42. [3] Rai, I. W. 2013. Andragogi dan Belajar Mandiri dalam Pemberdayaan Masyarakat. <i>Majalah Aplikasi Iptek Nipah</i>, 4 (1): 1-7. | | |

KONTAK: banu.astawa@undiksha.ac.id
Lembaga Penelitian dan Pengabdian Kepada Masyarakat, Universitas Pendidikan Ganesha, Jalan Udayana Singaraja 81116 Bali

4. Strategi Pemberdayaan Masyarakat di Masa Pandemi Covid-19 dan Menyongsong Kehidupan Normal Baru



3

Pendekatan partisipatif dan peningkatan level partisipasi menuju masyarakat mandiri

Dengan menggunakan pendekatan partisipatori dapat menjadikan masyarakat mandiri, akademisi perguruan tinggi yang ikut berpartisipasi memperoleh peningkatan profesionalisme (mengajar, meneliti, dan mengabdi).

Karyasa, I W. (2018) Belajar Di Masyarakat: Sebuah Konsep Dalam Meningkatkan Mutu Pengabdian Kepada Masyarakat, Makalah Keynote Speaker, Prosiding Senadimas 3.

15

I Wayan Karyasa

PARTICIPATORY APPROACHES



Level Participation



Ki Hadjar Dewantoro's
Level Participation

4. Strategi Pemberdayaan Masyarakat di Masa Pandemi Covid-19 dan Menyongsong Kehidupan Normal Baru

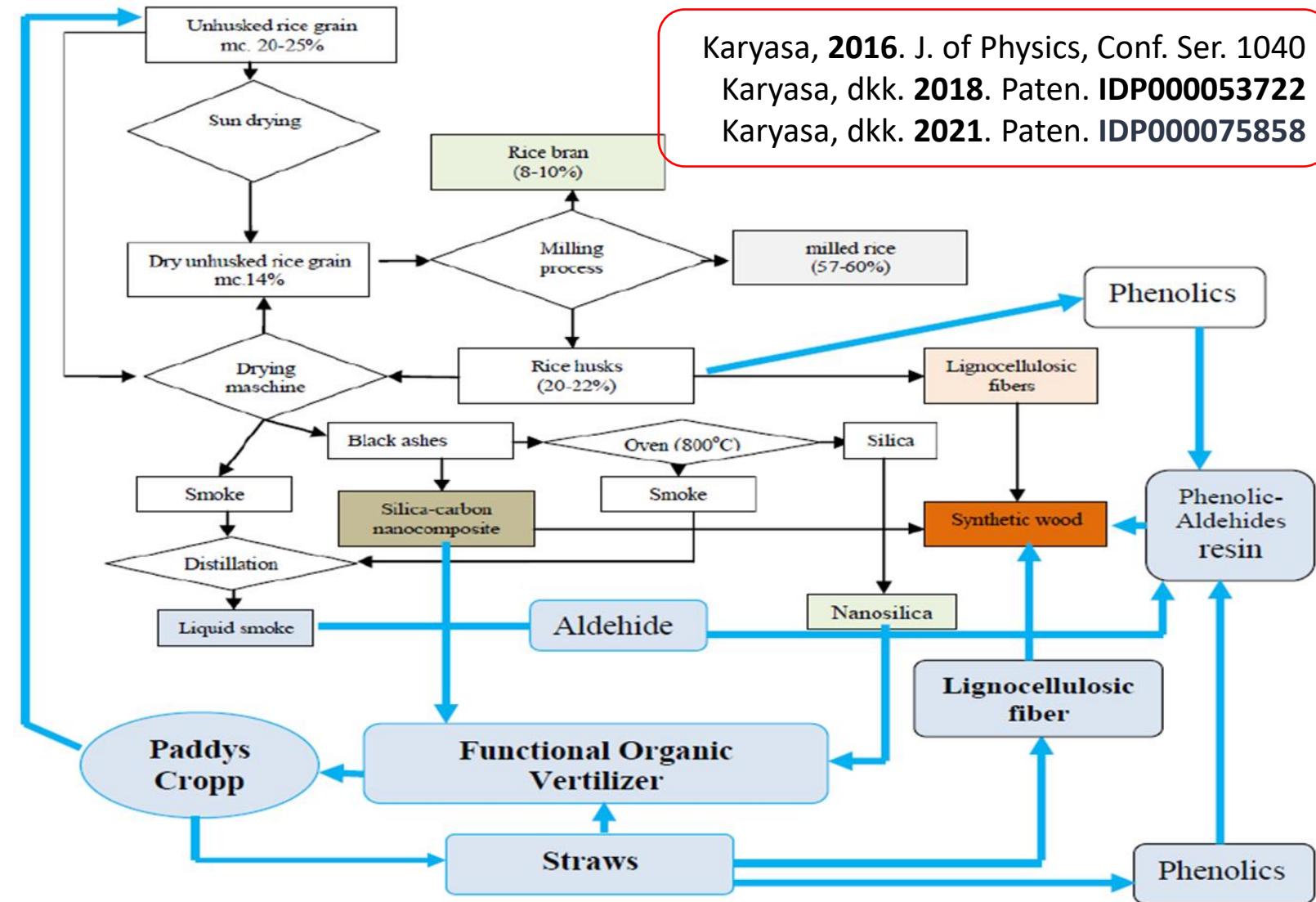
Riset dan pengembangan secara partisipatif

It is possible to develop a research, development and innovation based community development for sustainable paddy's agriculture, with key factors:

1. Cyclitic science, technology and innovation with zero waste and eco-friendly;
2. Adding values of main and side products as well as its wastes;
3. Enhancing farmers as well as related enterprises' incomes;
4. Healthy and wealthy paddy's landfill and ecosystem, as well as reducing carbon emission.



Karyasa, 2016. J. of Physics, Conf. Ser. 1040
 Karyasa, dkk. 2018. Paten. IDP000053722
 Karyasa, dkk. 2021. Paten. IDP000075858



4. Strategi Pemberdayaan Masyarakat di Masa Pandemi Covid-19 dan Menyongsong Kehidupan Normal Baru



4

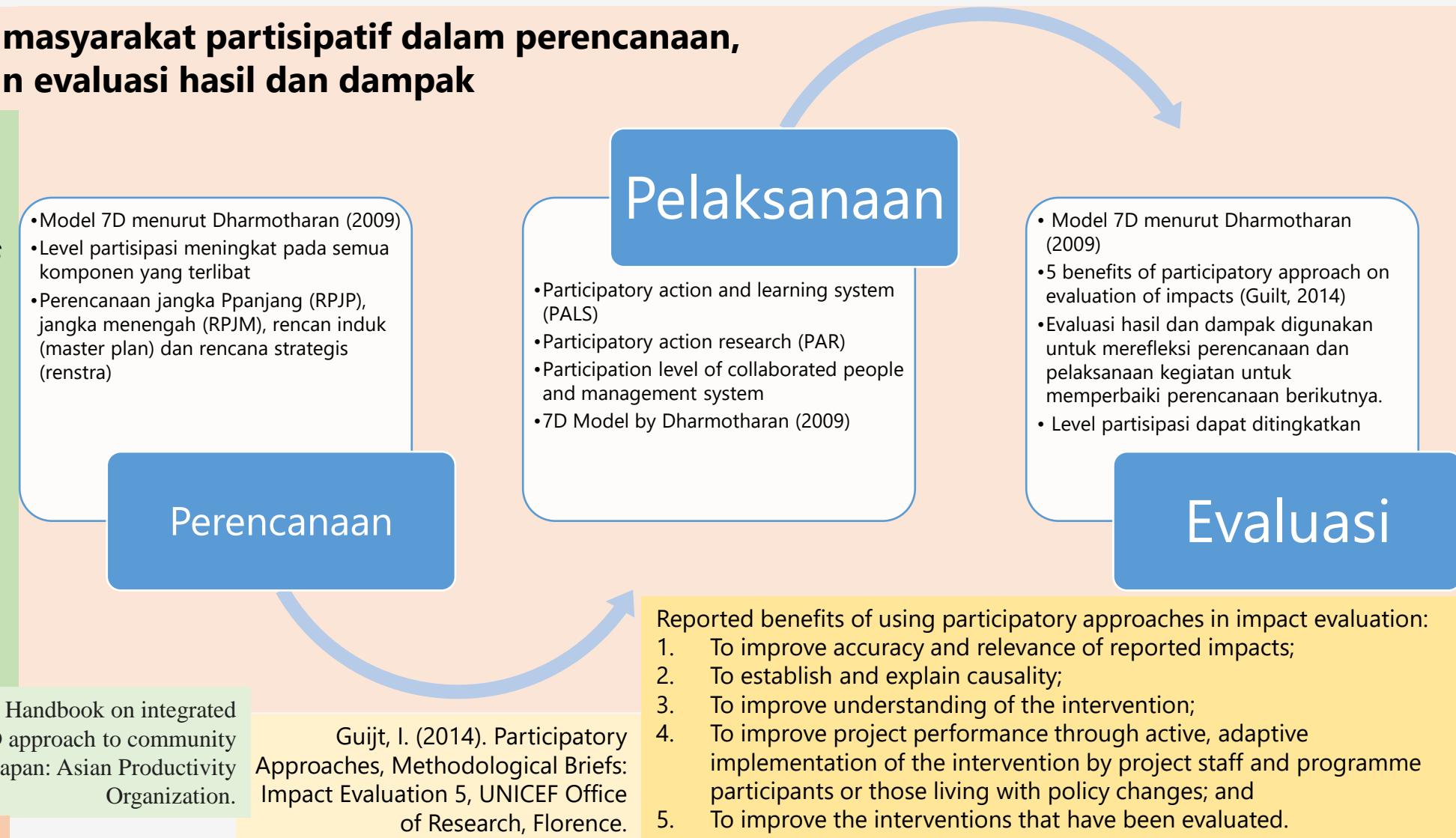
Pemberdayaan masyarakat partisipatif dalam perencanaan, pelaksanaan dan evaluasi hasil dan dampak

Model 7D

Dharmotharan (2009):

- *Developing relation*
- *Discovering capacities*
- *Dreaming of community future*
- *Directions of community actions*
- *Designing community actions*
- *Delivering planned activities*
- *Documenting outputs, outcomes and learning*

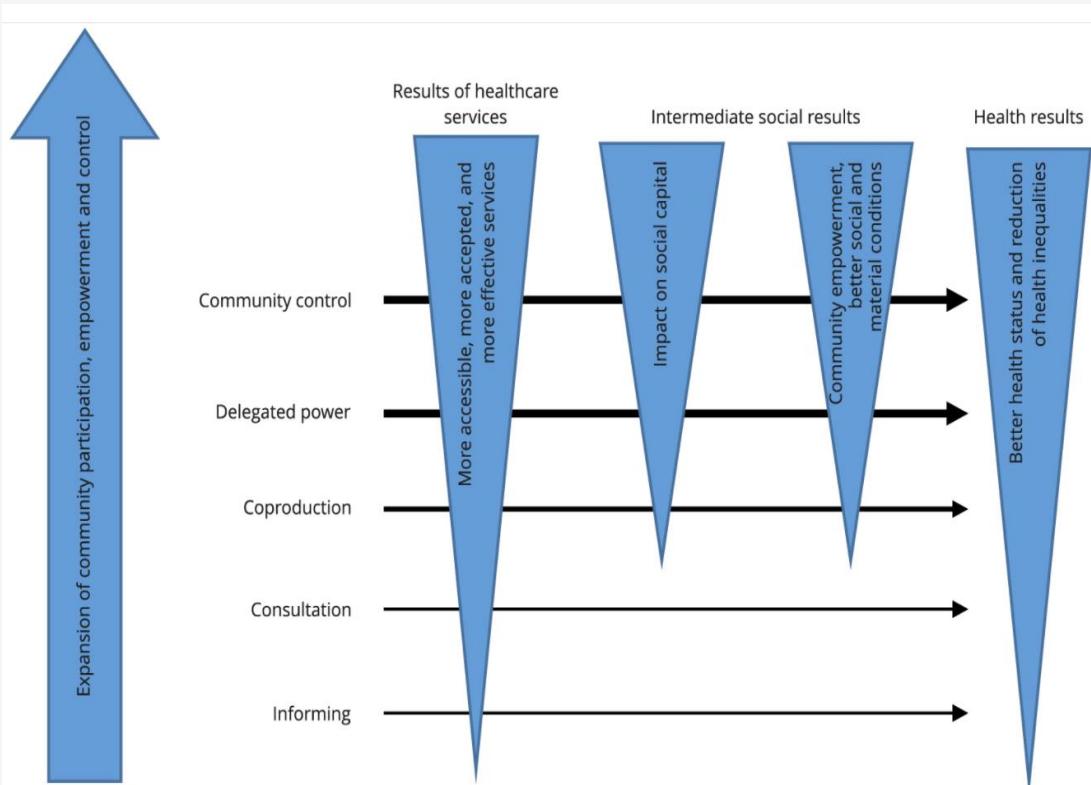
Dharmotharan, M. (2009). Handbook on integrated community development: Seven D approach to community capacity development. Tokyo, Japan: Asian Productivity Organization.



4. Strategi Pemberdayaan Masyarakat di Masa Pandemi Covid-19 dan Menyongsong Kehidupan Normal Baru



Models of community empowerment and involvement for improvement of health.



Balance of power and continuity of community participation.

| Level | Scope of influence | Definition of health | Balance between communities and professionals |
|------------------------|-----------------------|----------------------------------------|-----------------------------------------------------------------------------------------------------------------------------------|
| Community mobilization | Physician | Absence of disease | People follow health professionals' recommendations. |
| Collaboration | Health services | Physical, mental, and social wellbeing | Communities contribute with donations, time, and/or help with services provision. Needs and actions defined by the professionals. |
| Community empowerment | Community development | Human condition | Planning and conduction of health activities by communities using professionals with resources and facilitators. |

Bispo, J. P., & Morais, M. B. (2020). Community participation in the fight against COVID-19: between utilitarianism and social justice. *Cadernos de saude publica*, 36.

Popay J. 2010. Community empowerment and health improvement: the English experience. In: Morgan A, Davies M, Ziglio E, editors. *Health assets in a global context: theory, methods and action*. New York: Springer; p. 183-96.

4. Strategi Pemberdayaan Masyarakat di Masa Pandemi Covid-19 dan Menyongsong Kehidupan Normal Baru



5

Indonesia bangkit dan tangguh di masa pandemi dan siap restart di masa new normal



1. Konsep "jengah" untuk bangkit dari keterpurukan sebagai "inner force" memperbaiki kinerja (diri, kelompok, organisasi, perusahaan) dengan menerapkan *less contact economy, green and healthy conduction and performance.*
2. Tangguh diri dan lingkungan dengan budaya sehat diri, keluarga, lingkungan, masyarakat dan perusahaan/organisasi.
3. Restart dengan kesadaran baru bahwa saat ini serba *distructtive and uncertainty*, perlu kemampuan adaptif yang tinggi.



4. Strategi Pemberdayaan Masyarakat di Masa Pandemi Covid-19 dan Menyongsong Kehidupan Normal Baru



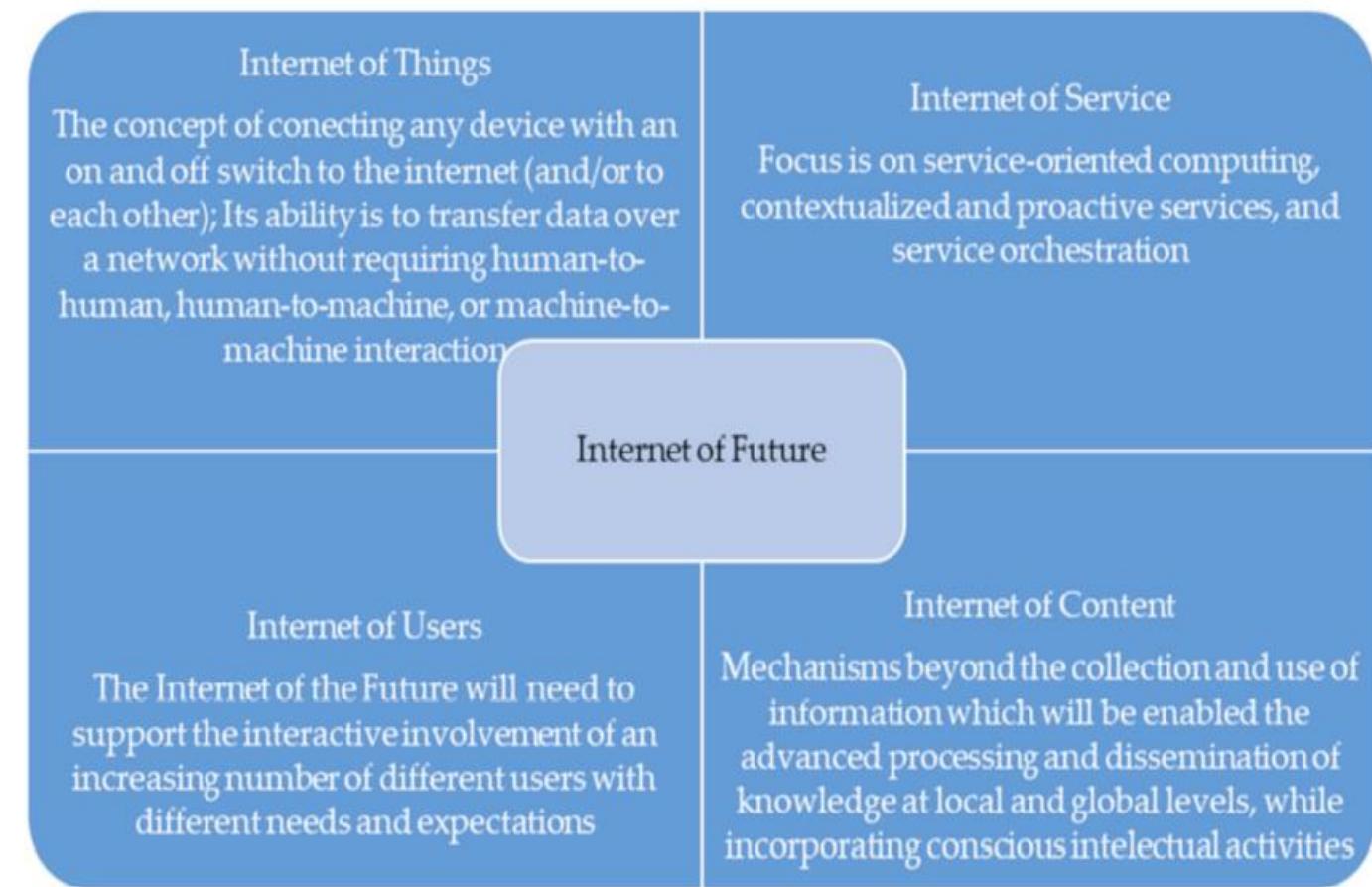
6

Optimalisasi penggunaan Internet

Empowerment is a concept that links individual strengths and competencies, natural helping systems and proactive behavior to social policy and social change.

Internet is taken into high roles to the community empowerment:

1. Personal E-empowerment
 - Reframing identity
 - Increasing self-efficacy and skills
2. The dynamic duo: the interpersonal level
 - Social compensation
 - High self-disclosure
 - Stereotype use reduction
 - The ability to promote cross-cultural dialogue
 - One-on-one supervision
3. Group level
 - Finding similar others
 - Group reinforcement
 - Variety of group decision-making tools
 - E-vision and group crystallization
4. Citizenship
 - Political participation
 - Accessibility
 - The ability to supervise and influence government decisions



Roblek, V., Meško, M., Bach, M. P., Thorpe, O., & Šprajc, P. (2020). The interaction between internet, sustainable development, and emergence of society 5.0. *Data*, 5(3), 80.

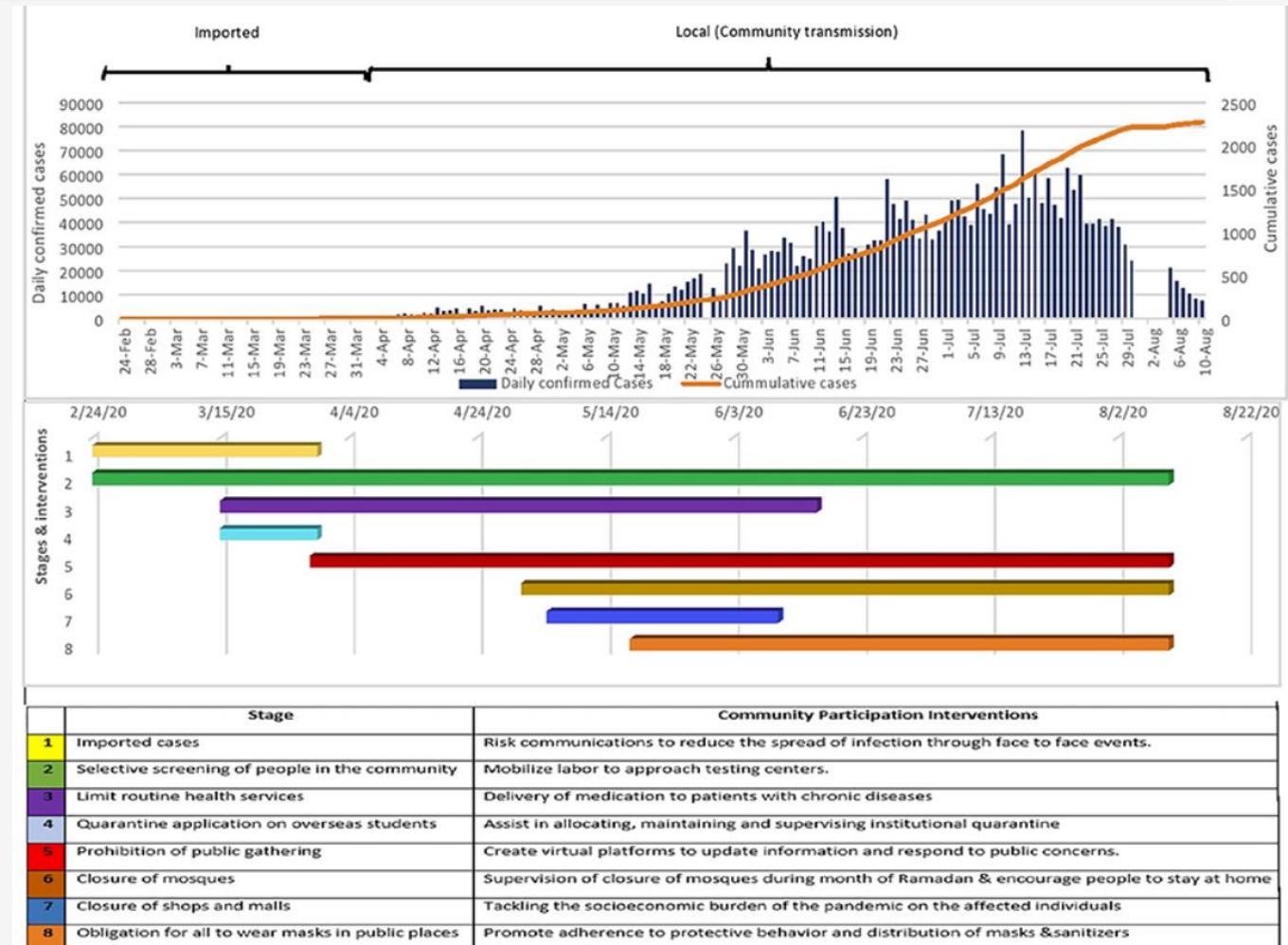
Amichai-Hamburger, Y., McKenna, K. Y., & Tal, S. A. (2008). E-empowerment: Empowerment by the Internet. *Computers in Human Behavior*, 24(5), 1776-1789.

4. Strategi Pemberdayaan Masyarakat di Masa Pandemi Covid-19 dan Menyongsong Kehidupan Normal Baru



Community Participation Approaches for Effective National COVID-19 Pandemic Preparedness and Response: An Experience From Oman

- 1 The First Approach: Healthy Villages (HVs)** through improving the physical, social, spiritual, and economic dimensions of health by addressing community resources, which enable people to mutually support each other in performing the different functions of life
- 2 The Second Approach: Willayat Health Committees (WHCs).** There are 61 WHCs in Oman, one in each willayat, each headed by the Wali (head of the district) and include members from government sectors, civil societies, and, therefore the community. Each committee coordinates with the MOH, and related sectors and the community to address the social determinants of health within the Willayat. People from different sectors and various segments of society are engaged in dialogue and negotiation for collective and collaborative actions
- 3 The Third Approach: Volunteers.** Community Support Groups (CSGs) are groups of 4,000 women and men volunteers who work as links between the community and the health system to promote individual health and community health.



Al Siyabi H, Al Mukhaini S, Kanaan M, Al Hatmi S, Al Anqoudi Z, Al Kalbani A, Al Bahri Z, Wannouse C, Awaidy S. (2020) Community Participation during COVID-19 pandemic. *Frontiers in public health*. 8:1044.

5. Penutup



Simpulan

Strategi pemberdayaan masyarakat di masa pandemi Covid-19 menyongsong kehidupan normal baru merupakan strategi (1) yang mengoptimalkan **partisipasi aktif** semua pihak yang terlibat untuk (2) **belajar bersama di masyarakat** dalam upaya meningkatkan **keberdayaan dan tingkat partisipasi** masing-masing sehingga bisa (3) tumbuh berkembang bersama untuk menjamin kesejahteraan dan kebahagiaan sesuai tujuan **pembangunan berkelanjutan**, dengan (4) **pendekatan partisipatif dari perencanaan, pelaksanaan hingga evaluasi program**, dan dengan (5) mengoptimalkan penggunaan **internet dan media digital** melalui berbagai aktifitas **daring dan atau blended daring-luring** serta penerapan **protokol kesehatan** untuk (6) **bangkit** dan **restart** dalam kehidupan normal baru menuju masyarakat **cerdas mandiri** sesuai cita-cita Society 5.0.

Ucapan Terima Kasih

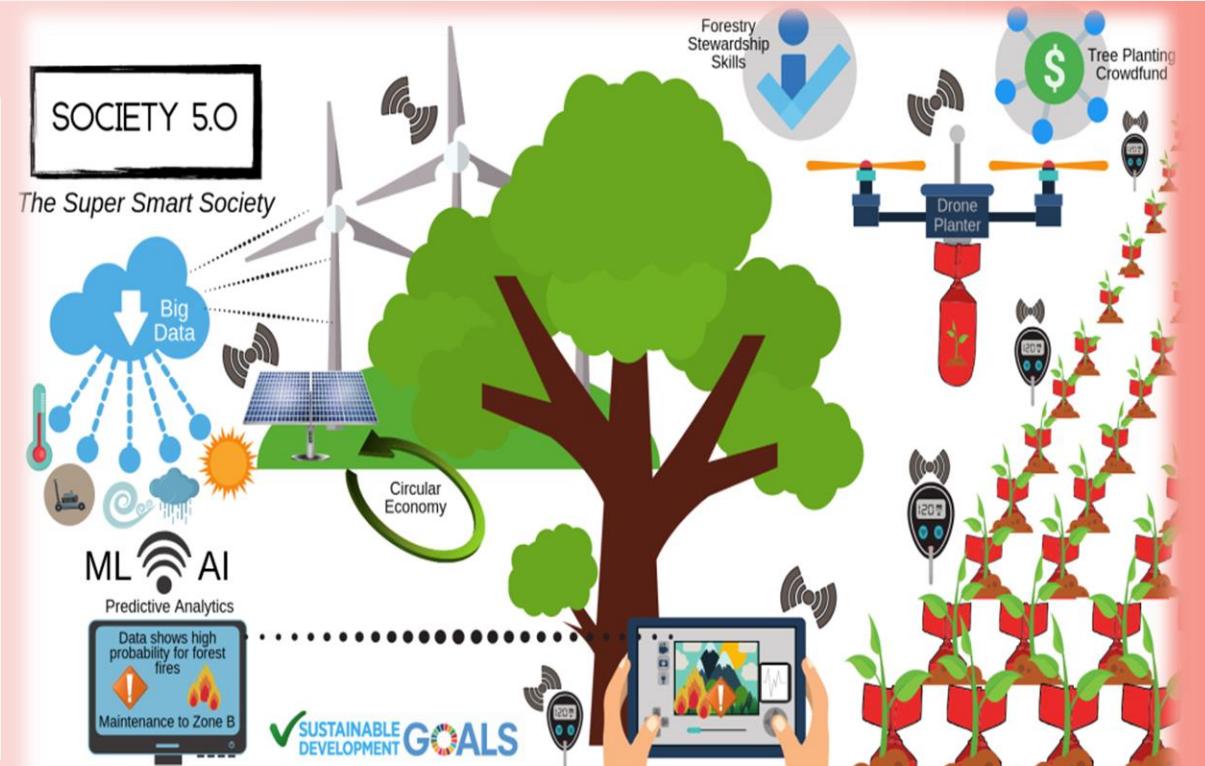
1 DRPM Ristek/BRIN atas Hibah PPM UKM Indonesia Bangkit 2020 dan Program penerapan Teknologi Tepat Guna (PTTG) 2020

22

I Wayan Karyasa

2 LPPM Universitas Pendidikan Ganesha atas Hibah Penelitian Kelompok Riset 2020 da 2021, dan PPM Desa Binaan 2021

3 Bapak Nyoman Sumenada (Kepala Desa Sinabun) dan Bapak Ketut Rajin (Pertunungan Artha Dharma) atas kerjasama baiknya selama ini.



<https://petanque-c.com/society5-0/>

SEMINAR NASIONAL PENGABDIAN KEPADA MASYARAKAT (SENADIMAS) KE-6 TAHUN 2021

